Brimrod Primary School Newsletter

Friday 11th November 2022

Brimrod Primary School Values

Challenge, Aspire, Create and Achieve.

This Week's Winners:

Attendance: **Year 5**

Punctuality: **Nursery**

Good to be Green: **Year 5**

Sports Class of the Week: **Year 6**

Home Learning Superstars!!!!

Year 1 Airah Ahmed

Year 2 Muhammad Mubashir

Year 3 Sarah Khan

Year 4 Ilyass Yakine

Year 5 Fatima Umer Butt

Year 6 Thushaknaa Navaneethan and

Mahak Sajar

	Attendance	Punctuality
	No. of sessions missed	No. of late marks
Nursery	17	1
Reception	37	3
Year 1	30	7
Year 2	37	7
Year 3	12	4
Year 4	14	3
Year 5	6	4
Year 6	16	2
	Attendance Stars Year 5	Punctuality Stars Nursery

Family Festivities—Coming Soon!!!

On the week beginning 28th November the classes are going to be making decorations to go on the School Christmas tree and we are inviting parents to come into school to make a decoration with their child. Together you will make two decorations, 1 to go on the school tree and one to take home with you.

Parents will be invited at 2.15pm and will stay until the end of the day with their child.

Monday 28th November—Year 5 and Year 6 2.15pm

Tuesday 29th November—Year 2 and Year 4 2.15pm

Wednesday 30th November—Year 1 and Year 3 2.15pm

Thursday 1st December— Reception 2.15pm

Friday 2nd December—Nursery 11am

We can't wait to see you all in our classrooms again. See you soon!

News and Notices

Friday 11th November 2022

Remembrance Day 2022

Today, the whole school have come together to celebrate the lives of those who have died in service. We have completed a range of activities throughout the day and have held a minute's silence and a special assembly . Our Head Boy and Head Girl and school council members have been to Rochdale Cenotaph to lay a wreath on behalf of our school. They represented school impeccably and should be really proud of themselves.

Attending Extra Curricular clubs

Can I please remind parents that if their child has been given a place on an extra curricular club then they need to attend all sessions (unless they are ill) We have waiting lists of children who are waiting to get a place on clubs and members of staff who have bought resources and spent their time preparing activities. Thank you

Children in Need

We will be asking children to dress up on Children in Need day (Friday 18th November) and wear yellow, spots, Pudsey or superheroes etc. We still have a few badges and rulers left and the raffle tickets are still for sale. The raffle will be drawn in assembly on Friday morning.

Dates for the Diary

Tuesday 15th November—Y6 Holocaust Centre visit

Friday 18th November—Children in Need day—No money needed

Monday 28th November 2.25pm—Parent/ Child Christmas decoration making Years 5 and 6

Tuesday 29th November 2.25pm—Parent/ Child Christmas decoration making Years 2 and 4

Wednesday 30th November 2.25pm—Parent/ Child Christmas decoration making Years 1 and 3

Wednesday 7th December—Christmas Dinner

Thursday 8th December—Christmas dress up / Jumper day—Cake donations

Thursday 8th December— Pantomime

Wednesday 14th December 9.30am —Christmas Productions

Friday 16th December—Break up

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What Parents & Carers Need to Know about

HOW TO COMBAT ONLINE BULLYING

Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health ... so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

OSCAR

1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

3. STAY VIGILANT

Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent 'fighting their battles for them'. In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screengrabs to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

Childline: talk to a trained counsellor on 0800 1111 or online at www.childline.org.uk/get-support/

National Bullying Helpline: counsellors are available on 0845 225 5787 or by visiting www.nationalbullyinghelpline.co.uk/cyberbullying.html

The NSPCC: the children's charity has a guide to the signs of bullying at www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/ and can be reached on 0808 800 5000

Please see the school website for more information on online safety and the school policies.