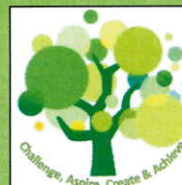


# Brimrod Primary School Newsletter

Friday 16th September 2022



## Brimrod Primary School Values

**Challenge, Aspire, Create and Achieve.**




### This Week's winners:

Attendance: Year 3  
Punctuality: Year 3  
Good to be Green: Year 5  
Sports Class of the Week: Year 4

### Home learning Superstars!!!!

Year 1 Mohammed Khan  
Year 2 Elias Kader  
Year 3 Uwa Ehiorobo  
Year 4 Amelia Ashraf  
Year 5 Zainab Imran  
Year 6 Safaa Usman

	Attendance	Punctuality
	No. of sessions missed	No. of late marks
Nursery	12	5
Reception	27	12
Year 1	27	12
Year 2	19	11
Year 3	2	2
Year 4	6	5
Year 5	18	9
Year 6	6	3
	Attendance Stars Year 3	Punctuality Stars Year 3



**Eco-Committee**



Brimrod's Eco-Committee have earned an international accreditation, recognising their amazing work in making their school more environmentally friendly and raising eco-awareness in fellow pupils. Eco-Schools is an international education programme that prompts young people to explore sustainability and climate change and take action.

The committee did an environmental review of the school and based their campaigns on their findings. The committee have built bug hotels, monitored their class' energy use and implemented paper recycling across school to name just a few!

All the staff and pupils have worked hard to support the committee in earning the flag and Miss Firth has been so proud of the hard work and dedication shown by the children within the Eco-Committee. To earn the same accreditation that larger schools, including secondary schools, earns is amazing and something to be really proud of.



At the end of last school year, we submitted our application to become an ECO-School based on the work that the Eco-Committee and the rest of the school had done across the year. We are very pleased to announce that we were successful and are the proud recipients of our ECO flag and logo.

As this was so successful and our children have a desire to make the world a better place, we are expanding our team so that we can continue to push forward the initiatives started this year and introduce new ones.





## News and Notices

Friday 16th September 2022



### School Closure—Queen Elizabeth II Funeral

On Monday 19th September, school will be closed for all pupils as a mark of respect and so that we can celebrate the final journey of her Majesty the Queen.

### Pakistan Flood Appeal—Thank you!

Thank you so much to all the children and families who supported our Pakistan Flood Appeal. It was lovely to see a sea of green in assembly this morning (more than the usual uniform) and be able to share with the children how we can help. Families have been extremely generous and **we have raised a huge £842** which will be sent to the Disasters Emergency Committee and will be used to provide food, clean water, shelter and medication. **Thank you very much!**



### Lateness

There has been a significant increase in children arriving at school late this week. Lessons start at 8.45 and begin with reading and phonics. These lessons are vital if children are going to become good readers and writers. Please ensure that your child is in school on time.



### Brimrod Pentathlon—KS2

We will be hosting an in school Pentathlon Competition for children in Key Stage 2 in the coming weeks and your child will receive a letter about this shortly. This will be a individual competition and can be entered by any child in KS2. See dates and times below.



### Water Bottles

All children need to have a water bottle in school that is named. It is vital that children are drinking water throughout the day to remain healthy and can concentrate.



### Dates for the Diary

Monday 19th September — School Closed to Mark the Queen's Funeral

Monday 26th September — September 2023 Reception Intake Open afternoon

Tuesday 4th October— Years 5 and 6 Pentathlon Competition 3.30—4.30

Monday 10th October — Mental health and Well-Being Day (Wear yellow and bring £1)

Tuesday 11th October— Years 3 and 4 Pentathlon Competition 3.30—4.30

Wednesday 12th October—Parents afternoon (appointments will be sent out nearer the time)

Thursday 13th October—Parents afternoon (appointments will be sent out nearer the time)



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# Tips for Supporting Children in DEALING WITH GRIEF

It's important that trusted adults feel able to help children and young people cope with grief – particularly at the moment, when we are a nation mourning the loss of a public figure who was treasured by so many. Children are seeing bereavement and sadness being featured heavily in the national news and in their favourite online spaces, and hearing it being talked about extensively among families and in the community. How can we help them in processing this healthily?

## 1 UNDERSTAND WHAT GRIEF IS

Grief is emotional distress which is a normal response to the death of someone close, well known or admired. It may feel overwhelming – especially for young people – and is often accompanied by feelings of shock, disbelief, anger or fear. These emotions may also mean that sleep, eating and our relationships with others could be affected.

## 2 MEET THE CHILD WHERE THEY ARE

This could be a child's first experience of grief and loss – or conversely, they may have already encountered it several times. Make sure that any conversations you have with them, and the support that you give, are led by their experiences and their understanding of death – and in the context of their religious or community beliefs.

## 3 EXPLAIN CLEARLY WHAT DEATH IS

It may often feel uncomfortable, but it's healthier to actually use the words "dead", "death" or "died". Abstract explanations of death can frequently create even more confusion – particularly for younger children, who are still trying to grasp this complex (and possibly unfamiliar) concept.

## 4 BE PREPARED FOR QUESTIONS

On subjects such as this – especially when it involves a person who's well known to them – children and young people often have lots of questions, all at once. Sometimes, new queries about the issue will occur to them weeks after the event. Be ready to answer their questions as honestly as you can, using language that's appropriate for their age.

## 5 FIND WAYS TO REMEMBER THEM

It can help to talk to about the person who's died, even if that individual wasn't personally involved in the child's own life – such as a significant public figure, for instance. You and your child can discuss what that person meant to you, celebrate the things they achieved or go to a place where they can be remembered.

## 6 ENCOURAGE COPING STRATEGIES

You can help a child or young person to identify what their usual positive ways of coping are when they have overwhelming feelings. For example, do they find that talking with someone, drawing, going for a walk or listening to music help when they're feeling upset? These same activities could form an important part of the grieving process.

## 7 REACH OUT FOR SUPPORT

If a child or young person is struggling with grief to the extent that it's impacting on their everyday life, there are lots of expert organisations that you could reach out to for further help. Samaritans provides a listening ear for anyone in emotional distress; The Mix offers specialist support to people under 25; and Winston's Wish deals specifically with helping young people who are grieving.

**SAMARITANS:**  
116 123

**WWW.THEMIX.ORG.UK/GET-SUPPORT**  
0808 808 4994

**WINSTON'S WISH:**  
08088 020 021

## Meet Our Expert

Anna Bortman is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department for Education, advising them on their mental health green paper.



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