

Brimrod Primary School Newsletter

Friday 14th May 2021



Brimrod Primary School Values

Challenge, Aspire, Create and Achieve.

This Week's winners:

Good to be green: **Reception**

Attendance: **Year 6**

Punctuality: **Year 6 / Year 4**

Sports Class of the Week: **Reception**

This Week's Home Learning Superstars!!!!

Year 1 **Poppy Donbavand**

Year 2 **Amelia Ashraf**


Year 3 **Hevar Hidayet**

Year 4 **Khadijah Al Madaniyah**

Year 5 **Meryem Fatah**

Year 6 **Zain Usman**



	Attendance	Punctuality
	No. of sessions missed	No. of late marks
Nursery	20	11
Reception	9	7
Year 1	14	11
Year 2	24	6
Year 3	16	9
Year 4	8	1
Year 5	13	5
Year 6	6	1
	Attendance Stars Year 6	Punctuality Stars Years 4 and 6

The above sessions missed are on top of the day that many children took to celebrate EID. Well done to Year 6. You are setting an excellent example!



This week our families have been very creative and have produced the most wonderful and imaginative entries for our EID competition. We have had models, 3D pictures, posters, Mehndi designs, decorated cookies and a wealth of beautiful food!! It is fantastic to see how creative our children and their families are.

It was unbelievably hard to choose winners as everything was so good and everyone had put in so much effort!!

Well done!!

Our EID competition winners!!!



Challenge 4



Our challenge this week is to speak and play with someone that you have not really played with before.

Let's see if you can challenge yourself to make a new friend!



News and Notices

Friday 14th May 2021



Celebrating Eid

It has been lovely to hear about the children's celebrations yesterday for EID. We hope you all have a lovely time and had the best celebration possible in the current circumstances.



Thank you

Thank you so much to all the parents who worked so hard to help their children to make their EID competition entries and to those who sent in food for the children's parties. The children had a fantastic time.



Behaviour in and around school

Can I please remind all parents and carers that we will not tolerate inappropriate language or aggressive behaviour in or around the school premises. It may be the case on some occasions that parents may have to wait a few extra minutes to allow us to complete the safety checks we have to do to keep everyone safe. We ask for your patience at these times and understanding that we are all doing our best in challenging circumstances. Thank you



Unauthorised absence

Can I please remind parents and carers that unauthorised absences are reported to the Local Authority and it is them who issue fines for non-attendance. Thank you



Cars driving up Finsbury Street

Please can I ask parents not to bring their cars up Finsbury street when dropping children off and picking them up. It is extremely dangerous for cars to reverse up the street or do three point turns when we have families with very small children waiting on the pavements. Please park on one of the other surrounding roads if you cannot walk to school. Thank you



Phones and masks

Just a quick reminder that phones are not allowed to be used on the school premises and that masks still need to be worn when dropping off and picking up. Thank you for your understanding and co-operation.

Dates for the diary

Friday 14th May - Deadline for parent applications to join our mental Health and Well-Being team.

Friday 28th May - School closes for half term holiday

Monday 7th June—School reopens

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12 Top Tips TO SUPPORT MENTAL WELLBEING THROUGH NATURE Online and Offline

'Nature' is a superb choice as the theme of this year's Mental Health Awareness Week, as there's clear evidence that getting access to nature is excellent for our mental health. With Covid-19 restrictions beginning to ease, it's the perfect time of year to rediscover the natural world and give ourselves a calming, uplifting treat. You don't have to drag the family on a four-hour hike, either – just 10 minutes each day in the garden, in the local park or your nearest green space could really help. Here are 12 suggestions for ways you can benefit from nature ... both online and off.

ONLINE

1 Give something back to nature

A swift internet search should bring up details of any local conservation projects you could volunteer for, or litter-picking events that you could enrol the family in. It doesn't have to be a long-term commitment: most schemes are grateful for every bit of help!

2 Tranquil streams

Search your preferred music player for some soothing natural sounds. A few minutes' gentle audio of rainfall, ocean waves or birdsong are all great ways of unwinding at the end of the day to get you ready for an excellent night's sleep.

3 Give geocaching a go

If you've not heard of it, geocaching is a modern twist on the traditional treasure hunt. Participants look for items hidden in outdoor locations, using a GPS-enabled device like a mobile phone or tablet. We'd recommend that an adult accompanies young adventurers!

4 Share what you see

While you're out exploring nature, take a photo or video of anything you find that inspires you. Not only will it be a nice memory for you to look back on, but you could also share it safely on social media and maybe motivate others to engage with the natural world!

5 Watch the stars

Looking at the night sky can be incredibly calming. There are some comprehensive stargazing websites and apps to help you locate and recognise different stars. It can take 20 minutes or so before you can see stars fully in the dark, even on clear nights, so allow your eyes time to adjust.

6 Wildlife on the web

A Google search will bring up lots of sites that stream webcam footage of nature. From seals to barn owls, rabbits to badgers, you can get an intimate, heart-warming view of all kinds of animal communities from inside the comfort of your own home.

OFFLINE

1 Ditch the phone

Now the weather's improving, go for a walk in a green space nearby. If you're already familiar with your chosen route, you could always leave your phone at home to be completely free of the usual distractions and notifications.

2 Put down some roots

Planting flowers, shrubs, herbs or vegetables can be extremely rewarding. Not only does it help us to connect with nature – it also provides an ongoing project to draw pleasure from. If your home doesn't have a garden, no problem: a window-box will do the job just as well!

3 A different kind of tweet

Most gardens in the UK attract a wonderful variety of birds, and just watching them for a few minutes can be immensely therapeutic. There are some excellent apps and sites to help you name any species you don't already know or even play a game: identifying bird song, like bird song bingo!

4 Feed your feathered friends

Hang a bird feeder where you can easily see it from a window. Then enjoy the feelgood factor of satisfied avian visitors perching where you can see them. For something more advanced, you could try building a nesting box to fix onto a fence or under a windowsill.

5 Park your worries

If you're lucky enough to live within easy travelling distance of a park, you'd benefit from using it. Whether it's to play ball games, get on your bike, walk the dog or just get some fresh air into your lungs, the potential bonuses for mental health are enormous.

6 Art and soul

Younger children will enjoy drawing or painting animals or nature scenes, or writing a poem or song lyrics about nature. For extra art or crafting fun, you could collect natural materials – leaves, feathers, tree bark or seeds, for example – to use in your creations.

Meet Our Expert

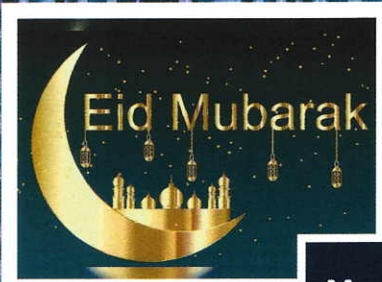
Anna Bateman is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department for Education, advising them on their mental health green paper.



National
Online
Safety®

#WakeUpWednesday

Please see the school website for more information on online safety and the school policies.



May 2021

